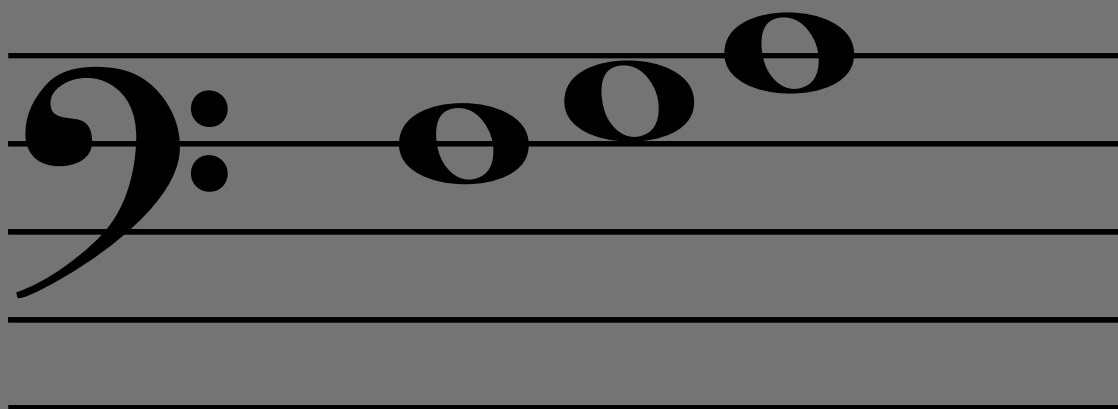


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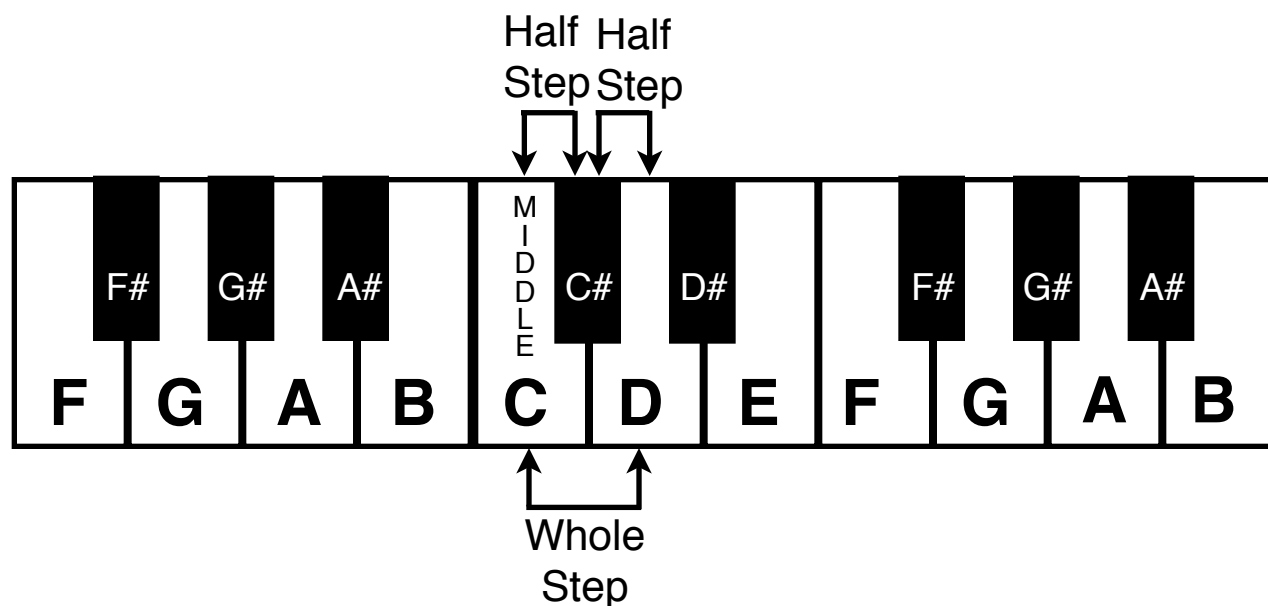


**Bonus  
Lessons**

# Lesson 1: Music Theory

## What is a Scale?

- Scales are groups of notes that are arranged in stepwise patterns, either going up or going down. The combination of these steps (also called “Intervals”) gives each type of scale its unique sound and character.
- Throughout this book, we are going to learn the specifics for each type of scale, for instance, Major Scales, Minor Scales, Modes, Chromatic, etc.
- Most scales are made up of Half Steps and Whole Steps.
- A Half Step (also called “Minor Second” Interval) is the distance from one piano key to the very next piano key, for example, from C to C# (white key to black key) or from E to F. In both cases, there are no keys (whether white keys or black keys) between those two notes.
- Whole Steps (also called “Major Second” Intervals), are made up of two Half Steps. For example, C to D is a whole step: 2 Half Steps combined--C to C# and then C# to D. See Chart Below.

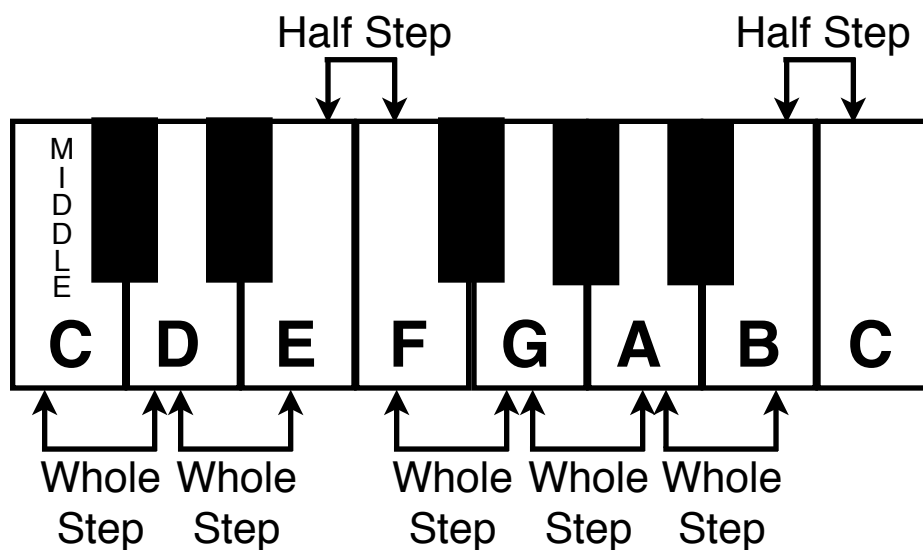


- Here are some other examples of Whole Steps: G to A, E to D, B to C#, F to G.
- Try playing the following Whole Steps (going up or down) and listen to their sound characteristics: A to B, C# to D#, A to G, F# to G#. Use the chart above to help you locate the notes. Listen to the similarities between each group.

# Lesson 2: Music Theory

## What is a Major Scale?

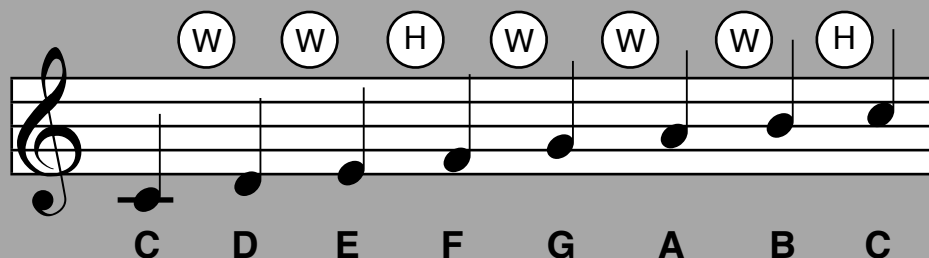
- All Major Scales follow the same pattern of whole steps and half steps.
- All Major Scales have 8 notes. For example, here are the notes of the C Major Scale: C, D, E, F, G, A, B, C. There are 8 notes (or keys) total.
- The Pattern for all Major Scales, Ascending (going up on the keyboard), is: 2 Whole Steps, 1 Half Step, 3 Whole Steps, then 1 Half Step.
- In the 2 diagrams below, take a look at the pattern of Whole Steps and Half Steps. Try playing the C Major Scale (shown below) and listen to the steps.



Whole Step = (W)

Half Step = (H)

### C Major Scale with Half Steps and Whole Steps



# Lesson 3: 5-Finger Scales

## C, G, and D Major: Right Hand

- In these 3 exercises, we will be playing the first 5 notes of the C, D, and G Major Scales in the Right Hand. Remember to keep your fingers curved as you play. After you practice these patterns 10 times. **Have Fun!**

### C Major

Musical notation for the C Major scale in 4/4 time, right hand only. The scale is written on a single treble clef staff. The notes are C4, D4, E4, F4, G4, A4, B4, and C5. The first five notes (C4, D4, E4, F4, G4) are marked with finger numbers 1, 2, 3, 4, and 5 respectively. The next three notes (A4, B4, C5) are marked with finger numbers 4, 3, and 2 respectively. The final note (C5) is marked with finger number 1. The bass clef staff is empty, indicating that the left hand is not playing.

### G Major

Musical notation for the G Major scale in 4/4 time, right hand only. The scale is written on a single treble clef staff with a key signature of one sharp (F#). The notes are G4, A4, B4, C5, D5, E5, F#5, and G6. The first five notes (G4, A4, B4, C5, D5) are marked with finger numbers 1, 2, 3, 4, and 5 respectively. The next three notes (E5, F#5, G6) are marked with finger numbers 4, 3, and 2 respectively. The final note (G6) is marked with finger number 1. The bass clef staff is empty, indicating that the left hand is not playing.

The Sharps are  
added here to help.

### D Major

Musical notation for the D Major scale in 4/4 time, right hand only. The scale is written on a single treble clef staff with a key signature of two sharps (F# and C#). The notes are D4, E4, F#4, G4, A4, B4, C#5, and D5. The first five notes (D4, E4, F#4, G4, A4) are marked with finger numbers 1, 2, 3, 4, and 5 respectively. The next three notes (B4, C#5, D5) are marked with finger numbers 4, 3, and 2 respectively. The final note (D5) is marked with finger number 1. The bass clef staff is empty, indicating that the left hand is not playing.

# Lesson 4: 5-Finger Scales

## C, G, and D Major: Left Hand

- In these 3 exercises, we will be playing the first 5 notes of the C, D, and G Major Scales in the Left Hand. Remember to keep your fingers curved as you play. After you practice these patterns 10 times. **Have Fun!**

### C Major

Musical notation for the C Major scale in the left hand. The piece is in 4/4 time. The right hand part consists of three measures of whole rests. The left hand part consists of three measures: the first measure contains notes C4, D4, E4, and F4; the second measure contains notes G4, A4, B4, and C5; the third measure contains a whole note C5. Fingerings are indicated by numbers 1-5 below the notes: 5, 4, 3, 2, 1, 2, 3, 4, 5.

### G Major

Musical notation for the G Major scale in the left hand. The piece is in 4/4 time. The right hand part consists of three measures of whole rests. The left hand part consists of three measures: the first measure contains notes G3, A3, B3, and C4; the second measure contains notes D4, E4, F4, and G4; the third measure contains a whole note G4. Fingerings are indicated by numbers 1-5 below the notes: 5, 4, 3, 2, 1, 2, 3, 4, 5.

The Sharps are added here to help.

### D Major

Musical notation for the D Major scale in the left hand. The piece is in 4/4 time. The right hand part consists of three measures of whole rests. The left hand part consists of three measures: the first measure contains notes D3, E3, F#3, and G3; the second measure contains notes A3, B3, C#3, and D4; the third measure contains a whole note D4. Fingerings are indicated by numbers 1-5 below the notes: 5, 4, 3, 2, 1, 2, 3, 4, 5.

# Lesson 5: 5-Finger Scales

## C, G, and D Major: Both Hands

- In these 3 exercises, we will be playing the first 5 notes of the C, D, and G Major Scales in Both Hands. Remember to keep your fingers curved as you play.

### C Major

Musical notation for the C Major scale in 4/4 time, both hands. The treble clef (right hand) starts on middle C (C4) and the bass clef (left hand) starts on C3. The scale is played in ascending and descending order, ending with a whole note on the starting note. Fingerings are indicated by numbers 1-5 below the notes.

Right Hand (Treble Clef): C4 (1), D4 (2), E4 (3), F4 (4), G4 (5), F4 (4), E4 (3), D4 (2), C4 (1)

Left Hand (Bass Clef): C3 (5), D3 (4), E3 (3), F3 (2), G3 (1), F3 (2), E3 (3), D3 (4), C3 (5)

### G Major

Musical notation for the G Major scale in 4/4 time, both hands. The key signature has one sharp (F#). The treble clef (right hand) starts on G4 and the bass clef (left hand) starts on G2. The scale is played in ascending and descending order, ending with a whole note on the starting note. Fingerings are indicated by numbers 1-5 below the notes.

Right Hand (Treble Clef): G4 (1), A4 (2), B4 (3), C5 (4), D5 (5), C5 (4), B4 (3), A4 (2), G4 (1)

Left Hand (Bass Clef): G2 (5), F#2 (4), E2 (3), D2 (2), C2 (1), D2 (2), E2 (3), F#2 (4), G2 (5)

The Sharps are  
added here to help.

### D Major

Musical notation for the D Major scale in 4/4 time, both hands. The key signature has two sharps (F# and C#). The treble clef (right hand) starts on D4 and the bass clef (left hand) starts on D2. The scale is played in ascending and descending order, ending with a whole note on the starting note. Fingerings are indicated by numbers 1-5 below the notes.

Right Hand (Treble Clef): D4 (1), E4 (2), F#4 (3), G4 (4), A4 (5), G4 (4), F#4 (3), E4 (2), D4 (1)

Left Hand (Bass Clef): D2 (5), C#2 (4), B2 (3), A2 (2), G2 (1), A2 (2), B2 (3), C#2 (4), D2 (5)

# Lesson 6: 5-Finger Scales

## A, E, and B Major: Right Hand

- In these 3 exercises, we will be playing the first 5 notes of the A, E, and B Major Scales in the Right Hand. Play each exercise ten times.

The Sharps are added here to help.

### A Major

Musical notation for the A Major scale in the right hand. The key signature has three sharps (F#, C#, G#) and the time signature is 4/4. The scale is written in a single line of music. The notes are A4, B4, C#5, D5, E5, D5, C#5, B4, A4. The fingers are numbered 1 through 5 for the ascending notes and 4, 3, 2, 1 for the descending notes. The bass clef staff is empty.

### E Major

Musical notation for the E Major scale in the right hand. The key signature has four sharps (F#, C#, G#, D#) and the time signature is 4/4. The scale is written in a single line of music. The notes are E5, F#5, G#5, A5, B5, A5, G#5, F#5, E5. The fingers are numbered 1 through 5 for the ascending notes and 4, 3, 2, 1 for the descending notes. The bass clef staff is empty.

### B Major

Musical notation for the B Major scale in the right hand. The key signature has five sharps (F#, C#, G#, D#, A#) and the time signature is 4/4. The scale is written in a single line of music. The notes are B5, C#6, D#6, E6, F#6, E6, D#6, C#6, B5. The fingers are numbered 1 through 5 for the ascending notes and 4, 3, 2, 1 for the descending notes. The bass clef staff is empty.

# Lesson 7: 5-Finger Scales

## A, E, and B Major: Left Hand

- In these 3 exercises, we will be playing the first 5 notes of the A, E, and B Major Scales in the Left Hand. Play each exercise ten times.

The Sharps are added here to help.

### A Major

Musical notation for the A Major scale in the left hand. The key signature has two sharps (F# and C#) and the time signature is 4/4. The scale is written in the bass clef. The notes are: A2 (5), G#2 (4), F#2 (3), E2 (2), D2 (1), E2 (2), F#2 (3), G#2 (4), A2 (5). The right hand part of the staff is empty.

### E Major

Musical notation for the E Major scale in the left hand. The key signature has three sharps (F#, C#, and G#) and the time signature is 4/4. The scale is written in the bass clef. The notes are: E2 (5), D#2 (4), C#2 (3), B1 (2), A1 (1), B1 (2), C#2 (3), D#2 (4), E2 (5). The right hand part of the staff is empty.

### B Major

Musical notation for the B Major scale in the left hand. The key signature has four sharps (F#, C#, G#, and D#) and the time signature is 4/4. The scale is written in the bass clef. The notes are: B1 (5), A#1 (4), G#1 (3), F#1 (2), E1 (1), F#1 (2), G#1 (3), A#1 (4), B1 (5). The right hand part of the staff is empty.



# Lesson 8: 5-Finger Scales

## A, E, and B Major: Both Hands

- In these 3 exercises, we will be playing the first 5 notes of the A, E, and B Major Scales in Both Hands. Play each exercise ten times.

The Sharps are added here to help.

### A Major

Musical notation for the A Major scale, both hands. The key signature has three sharps (F#, C#, G#) and the time signature is 4/4. The right hand starts on A4 and the left hand starts on A3. The scale is played in two directions: ascending and descending. The notes are: A, B, C#, D, E, D, C#, B, A. The fingering is: 1, 2, 3, 4, 5, 4, 3, 2, 1 for the right hand and 5, 4, 3, 2, 1, 2, 3, 4, 5 for the left hand.

### E Major

Musical notation for the E Major scale, both hands. The key signature has four sharps (F#, C#, G#, D#) and the time signature is 4/4. The right hand starts on E4 and the left hand starts on E3. The scale is played in two directions: ascending and descending. The notes are: E, F#, G#, A, B, A, G#, F#, E. The fingering is: 1, 2, 3, 4, 5, 4, 3, 2, 1 for the right hand and 5, 4, 3, 2, 1, 2, 3, 4, 5 for the left hand.

### B Major

Musical notation for the B Major scale, both hands. The key signature has five sharps (F#, C#, G#, D#, A#) and the time signature is 4/4. The right hand starts on B4 and the left hand starts on B3. The scale is played in two directions: ascending and descending. The notes are: B, C#, D#, E, F#, E, D#, C#, B. The fingering is: 1, 2, 3, 4, 5, 4, 3, 2, 1 for the right hand and 5, 4, 3, 2, 1, 2, 3, 4, 5 for the left hand.

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